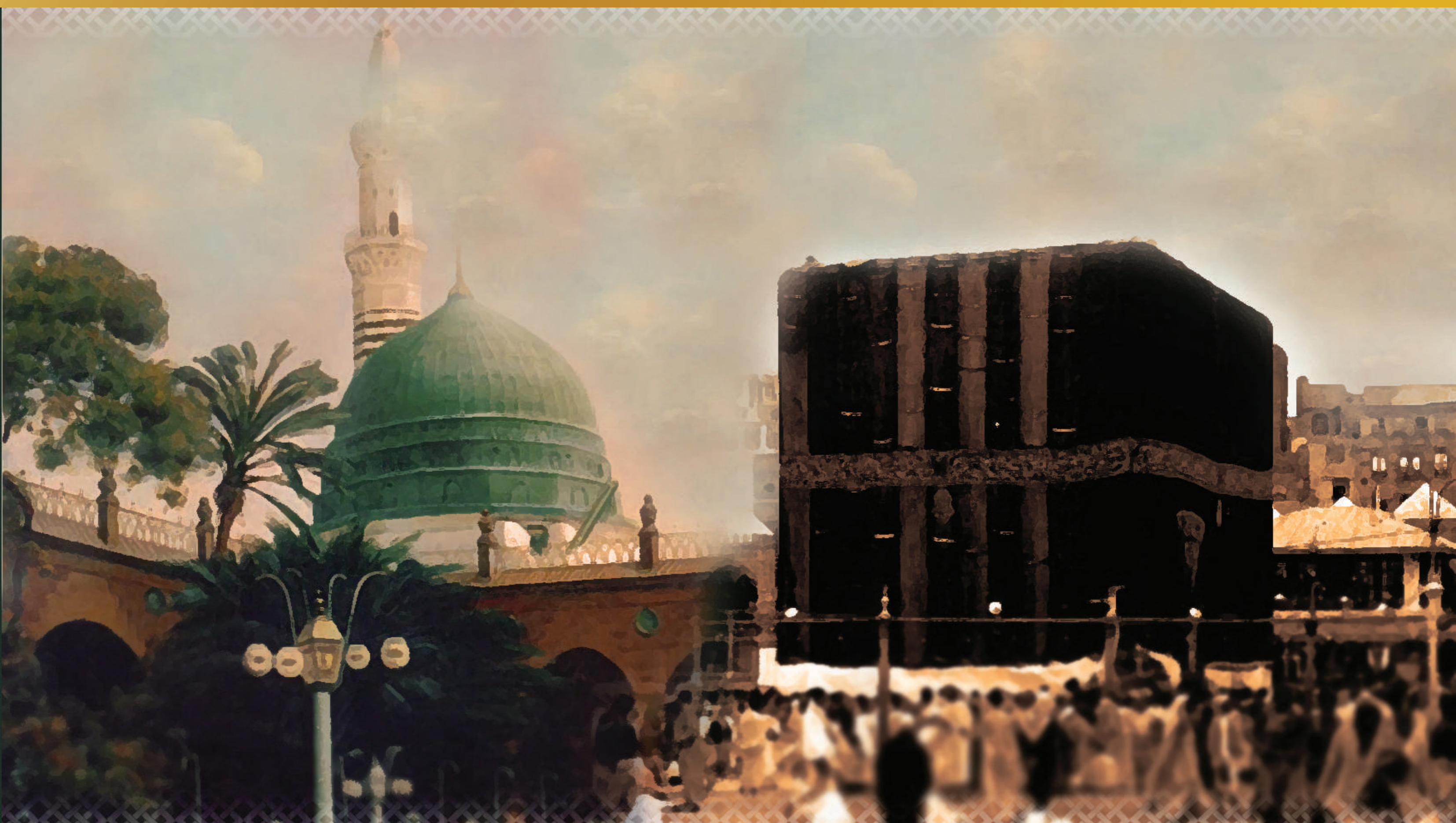


HOW TO SPEND DAY & NIGHT AT
MAKKATUL MUKARRAMA &
MADEENATUL MANAWWARAH
WHILE ON HAJJ & UMRAH
(THE SPIRITUAL ASPECTS)



AHMAD DABBĀGH

THE ULTIMATE AIM AND OBJECTIVE OF HAJJ AND UMRAH

1) To visit the sacred House of Allah to renew the covenant from your Lord. Oh servant of Allah , your soul has already taken a covenant and now your Physical body will be taking a promise from your Lord. When the seekers perform the Tawaf, it is as though they are making a promise to revolve their life around Lord of the Worlds and His Beloved Messenger ﷺ, not the world and its attractions. This is solely to renew your promise and to act upon the rights of your Lord and His Beloved Messenger ﷺ.

2) To Follow the Footsteps of the Beloved Messenger ﷺ. These are the places where Allah's Beloved spent most of his time [Makkah and Medinah]. Don't you want to follow him and travel to the places he has spent his time. Surely where beloved has stepped are the blessed places.

3) To do all of this only for the pleasure of your Lord.

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GUIDANCE FOR UMRAH AND HAJJ

First and foremost one should learn the Fiqh ruling pertaining to Umrah. The faraid, waajibaat sunnan and mufisidaat of umrah

Oh Servant of Allah, Verily Our Lord is the Most Supreme. Oh Servant of Allah, the key to attaining most benefit from the journey to Baitullah and His beloved is repentance [tawbah]. The seeker should purify themselves before entering the Kaba. The seeker should reach a satisfactory level of purification before they come to visit the Kaba [Baitullah] and His Beloved . Whomsoever is purified at a satisfactory level, they will be the ones who will gain the most fez [spritual upliftment] and blessings.

The seeker should be in the state of repentance at least five (5) days before they travel. What is meant by this is that the seeker should perform as many nafl salah of Salaahatul Tawbah before they travel.

HOW SHOULD ONE PERFORM THE SALATUT TAWBAH

Oh Servant of the Merciful, the seekers of repentance should have the intention of asking forgiveness from their Lord, from every small grain of sin which they have committed. They should feel and believe that their Lord is present, seeing them and hearing them. The following should be recited in every rakaat of salatut tawbah:

أَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ☆

﴿الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ ☆ الرَّحْمَنِ

الرَّحِيمِ ☆ مَلِكِ يَوْمِ الدِّينِ ☆ إِيَّاكَ نَعْبُدُ وَإِيَّاكَ

نَسْتَعِينُ ☆ اهْدِنَا الصِّرَاطَ الْمُسْتَقِيمَ ☆ صِرَاطَ

الَّذِينَ أَنْعَمْتَ عَلَيْهِمْ ۖ غَيْرِ الْمَغْضُوبِ عَلَيْهِمْ

وَلَا الضَّالِّينَ ﴿☆ سورة الفاتحة ☆

SURAH AL-FATIHA

In the name of Allah, All-Merciful, Most Merciful

Praise be to Allah, the Lord Of all the worlds (1), the All-Merciful, the Most Merciful (2), the King of the Day of Judgment.(3) You alone we worship. You alone we ask for help.(4) Guide us on the Straight Path (5), the Path Of those whom You have blessed (6), not of those with anger on them, nor of the misguided.(7)

﴿اللَّهُ لَا إِلَهَ إِلَّا هُوَ الْحَيُّ الْقَيُّومُ ج لَا تَأْخُذُهُ

سِنَّةٌ وَلَا نَوْمٌ ط لَهُ مَا فِي السَّمَوَاتِ وَمَا فِي

الْأَرْضِ ط مَنْ ذَا الَّذِي يَشْفَعُ عِنْدَهُ إِلَّا بِإِذْنِهِ ط

يَعْلَمُ مَا بَيْنَ أَيْدِيهِمْ وَمَا خَلْفَهُمْ ج وَلَا يُحِيطُونَ

بِشَيْءٍ مِّنْ عِلْمِهِ إِلَّا بِمَا شَاءَ ج وَسِعَ كُرْسِيُّهُ

السَّمَوَاتِ وَالْأَرْضِ ج وَلَا يَئُودُهُ حِفْظُهُمَا ج وَهُوَ

الْعَلِيُّ الْعَظِيمُ ﴿ 3 times مرتبه

SURAH AL-BAQARAH

(VERSES 255-257)

Allah, there is no god but Him, the Living, the Self-sustaining. He sleep. Everything in the heavens is not subject to drowsiness or and the earth belongs to Him. Who can intercede with Him except by His permission? He knows what is before them and what is behind them but they cannot grasp any of His knowledge save what He wills. His Chair encompasses the heavens and the earth and their preservation does not tire Him. He is the Most High, the Magnificent. [3 times]

﴿هُوَ اللَّهُ الَّذِي لَا إِلَهَ إِلَّا هُوَ ۚ عَالِمُ الْغَيْبِ

وَالشَّهَادَةِ ۚ هُوَ الرَّحْمَنُ الرَّحِيمُ ☆ هُوَ اللَّهُ

الَّذِي لَا إِلَهَ إِلَّا هُوَ ۚ الْمَلِكُ الْقُدُّوسُ السَّلَامُ

الْمُؤْمِنُ الْمُهِمِنُ الْعَزِيزُ الْجَبَّارُ الْمُتَكَبِّرُ ط

سُبْحَانَ اللَّهِ عَمَّا يُشْرِكُونَ ☆ هُوَ اللَّهُ الْخَالِقُ
الْبَارِءُ الْمُصَوِّرُ لَهُ، الْأَسْمَاءُ الْحُسْنَى ط يُسَبِّحُ لَهُ،
مَا فِي السَّمَوَاتِ وَالْأَرْضِ ج وَهُوَ الْعَزِيزُ
الْحَكِيمُ ☆ 3 times مرتبه ☆ سورة الحشر ٢٢

SURAH AL-HASHR (VERSES 22-24)

He is Allah- there is no god but Him. He is the Knower of the Unseen and the Visible. (22) He is Allah- there is no god but Him. He is the King, the Most Pure, the Perfect Peace, the Trustworthy, the Safeguarder, the Almighty, the Compeller, the Supremely Great. Glory be to Allah above all they associate with Him.(23) He is Allah – the Creator, the Maker, the Giver of Form, to Him belongs the Most Beautiful Names. Everything in the heavens and earth glorifies Him. He is the Almighty, the All-Wise.(24) [3 times]

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ☆

﴿قُلْ هُوَ اللَّهُ أَحَدٌ ☆ اللَّهُ الصَّمَدُ ☆ لَمْ يَلِدْ لَا

وَلَمْ يُولَدْ ☆ وَلَمْ يَكُنْ لَهُ كُفُوًا أَحَدٌ﴾ 3 times مرتبه

SURAH AL-IKHLAAS

Say: 'He is Allah, Absolute Oneness (1), Allah, the Everlasting Sustainer of all.(2) He has not given birth and was not born.(3) And no one is comparable to Him.'(4) [3 times]

After the Salaah the seeker should recite the following:

﴿اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَعَلَى آلِ مُحَمَّدٍ كَمَا

صَلَّيْتَ عَلَى إِبْرَاهِيمَ وَعَلَى آلِ إِبْرَاهِيمَ إِنَّكَ

حَمِيدٌ مُجِيدٌ ☆ اللَّهُمَّ بَارِكْ عَلَى مُحَمَّدٍ وَعَلَى

آلِ مُحَمَّدٍ كَمَا بَارَكْتَ عَلَى إِبْرَاهِيمَ وَعَلَى

آلِ إِبْرَاهِيمَ إِنَّكَ حَمِيدٌ مُجِيدٌ﴾ 10 times مرتبه

O Allah bestow Your blessings upon Muhammad and upon the family of Muhammad just as You had bestowed Your blessings on Ibraheem and his family. Surely, You are Praiseworthy and Pure. O Allah send Your blessings upon Muhammad and upon the family of Muhammad just as You had sent Your blessings on Ibraheem and his family. Surely, You are Praiseworthy and Pure. [10 times]

﴿أَسْتَغْفِرُ اللَّهَ الَّذِي لَا إِلَهَ إِلَّا هُوَ الْحَيُّ الْقَيُّومُ﴾

﴿وَأَتُوبُ إِلَيْهِ﴾ 10 times مرتبه

'I beg of Allah the one beside whom there is no deity the ever lasting and all sustainer his forgiveness and I offer repentance before him.' His sins will be forgiven, even if he has fled in time of battle (which is major sin). [10 times]

﴿لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ الْعَلِيِّ الْعَظِيمِ﴾

10 times مرتبه

There is no power and there is no strength except with
Allah, the High, the Magnificent [10 times]

يَا اللَّهُ
100 times مرتبه

'O Allah'

يَا رَحِيمُ
100 times مرتبه

'O Most Merciful'

يَا غَفُورُ
100 times مرتبه

'O All Forgiving'

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَعَلَى آلِ مُحَمَّدٍ كَمَا

صَلَّيْتَ عَلَى إِبْرَاهِيمَ وَعَلَى آلِ إِبْرَاهِيمَ إِنَّكَ

حَمِيدٌ مُجِيدٌ ☆ اللَّهُمَّ بَارِكْ عَلَى مُحَمَّدٍ وَعَلَى

آلِ مُحَمَّدٍ كَمَا بَارَكْتَ عَلَى إِبْرَاهِيمَ وَعَلَى

آلِ إِبْرَاهِيمَ إِنَّكَ حَمِيدٌ مُجِيدٌ
10 times مرتبه

O Allah bestow Your blessings upon Muhammad and upon the family of Muhammad just as You had bestowed Your blessings on Ibraheem and his family. Surely, You are Praiseworthy and Pure. O Allah send Your blessings upon Muhammad and upon the family of Muhammad just as You had sent Your blessings on Ibraheem and his family. Surely, You are Praiseworthy and Pure. [10 times]

How many Rakaats should one perform? In twos or fours?

Oh Servant of Allah , this is optional for you. The more one recites the better it will be for them.

What should the seeker think about when reciting these adhkaars?

Oh Servant of Most Merciful, you should imagine that you are in the presence of your Lord, asking for forgiveness. Those who ask with true want and sincerity will be forgiven, even from the greatest sins which you could not have imagined. You should imagine the shower of mercy washing your body as you recite this; you start to shine and sparkle as the shower rains upon you. Those who ask with their hearts will truly shine like the stars.

AMAALS THE SEEKERS OF TRUTH SHOULD DO
WHEN THEY ARE VISITING THE BLESSED KA'BAH
HOW SHOULD ONE SPEND HIS TIME WHEN
VISITING THE BLESSED CITY OF MAKKAH

Oh servant of Allah, your Lord is the guide to all success. Oh servant of Allah, when you arrive in the city of Makkah, be in the most humble of conscious. Have your mind set of meeting your Lord. One should be in the state of Repen-
tance, reliance and thankfulness. These three are the key which open the chest of light which will shines upon the seekers of truth.

The seeker should always be in the state of ibaadah, be it Salaah, Zikr or Recitation of the Quran. His mind should be totally focused on thinking about his Lord, the longing to meet him and be with him. Those who ask with true sincerity will receive. This is where duas are answered. Be conscious of what you ask your Lord.

Oh servant of the Most Kind, the seeker should not miss any of His beloved's Sunnah (referring to prayers and all practises of the Beloved Messenger ﷺ).

AMAAL AFTER ZHUR

The seekers of truth should perform 4 rakaats of Salaatut Tasbih after Zuhur Salaah. After the Salaah, they should recite these Amaals:

درود شریف 10 times مرتبه

يَا اللَّهُ 100 times مرتبه

'O Allah'

يَا رَحْمَنُ 100 times مرتبه

'O Compassionate'

يَا رَحِيمُ 100 times مرتبه

'O Merciful'

يَا جَبَّارُ 100 times مرتبه

'O Compeller'

درود شریف 10 times مرتبه

The seeker should recite it with a true heart, beg their Lord for forgiveness and guidance through their entire journey. Those who ask with full reliance will not be misguided.

What to think when performing these amaals:

Oh servant of Allah, the seekers of truth should feel the presence of their Lord. They should always think that their Lord is seeing them, hearing them and is always present with them. The seeker should be God conscious and always alert of every action one does

NOTE:

The Salatut Tasbih should be performed when you first visit the haram., then after that, if you wish to perform it regularly then one has the option to do so but to do it once initially is obliged upon the seeker

Daily Amaal after Zuhr Salah:

Oh servant of Allah, the seeker should pray four (4) Rakaats of Nafl, Salaatut Tawbah, after Zuhr Salaah. The contents of the Salaah are the same as stated for the preparation before visiting Hajj or Umrah. The adhkar to be recited after salaah shall also remain the same except with the additional supplication of 'Ya-malikulQuddus' one hundred (100 times).

يَا مَلِكَ الْقُدُّوسِ 100 times مرتبه

'O King and Holy'

Morning and Evening adhkar when in Makkatul Mukarramah:

Oh servant of Allah, every morning and evening, when you are in the blessed City of Makkah, sit beside house of Allah (Kabah) and perform the Zikr:

اللَّهُ اللَّهُ 1 hour ایک گھنٹہ

اللَّهُ هُوَ 1 hour ایک گھنٹہ

What one should think when performing 'Allah Allah' and 'Allah Hu' dhikr:

Oh servant of Allah, imagine the light of the Kabah is striking your heart. Imagine the light then expanding and illuminating your body. Imagine the evil which is inside you is disintegrating and your inner being purified in order to be in the presence of your Lord. You should ask your Lord to clean your heart so you may shine and glow like the sun, on

a midday. How would one feel, when one is in the presence of their Lord? Truly call on to Him and beg for His forgiveness and you shall receive it.

Oh servant of the Merciful, your Lord wants to forgive you. If you do not ask [With true heart] you will not receive.

Methodology of performing 'Allah Allah' and 'Allah Hu' dhikr:

Oh servant of Allah, the men should recite this dhikr louder than the women. The women should sit a distance away from the men, when performing this dhikr. This will create concentration and obedience in the presence of his Lord. This dhikr should be performed in front of the Kabah. One should recite Durood 100 times before and after this dhikr

Other guidance and Amaal one can do in the city of Makah, when in the presence of the blessed house of Allah:

Oh servant of Allah, you should learn to think about your Lord. The seeker should do meditation/Munajaat and think about your Lord and be pleased with what He has given you already. Oh servant of Allah, the seeker should

do meditation and start to train their mind in talking to their Lord. They should do this for 20 minutes, morning and evening after Fajr and after Isha.

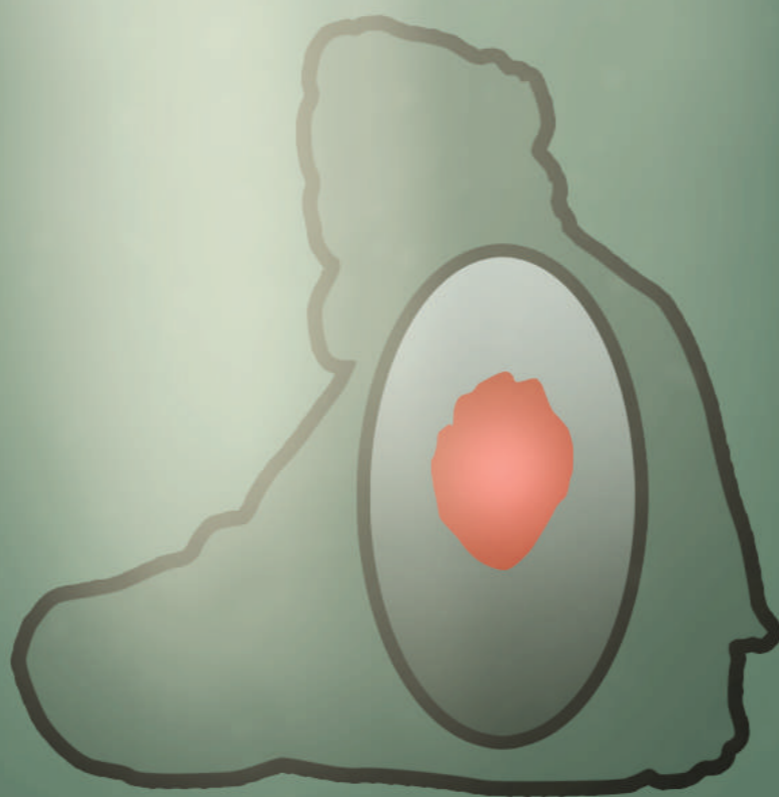
What should the seeker think about, when performing this Amaal:

Oh servant of Allah, think that you are in the presence of your Lord, prostrating with your body, mind and soul is in total submission towards your Lord. There is no one that can help you nor can you turn to anyone except your Lord. Your Lord is the most Merciful for those who submit with all his body, mind and soul. Praise your Lord as He is to be praised, ask forgiveness and He will surely forgive. Thank your Lord as He deserves to be thanked. Surely those who have true sincerity and devotion to submit will be the ones who his Lord will respond.

NOTE:

One can also do the 'Allah Allah' and 'Allah Hu' Dhikr whilst doing tawaaf of the kaba if one wishes to do so.

الله



SUMMARY OF ADHKARS FOR
MAKKATUL MUKARRAMAH

**4 Rakaats of Nafl Salaahatul Tawbah after Zuhr Salaah as
specified earlier**

Supplication to recite after salah:

﴿اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَعَلَى آلِ مُحَمَّدٍ كَمَا
صَلَّيْتَ عَلَى إِبْرَاهِيمَ وَعَلَى آلِ إِبْرَاهِيمَ إِنَّكَ
حَمِيدٌ مُّجِيدٌ﴾ ☆ اللَّهُمَّ بَارِكْ عَلَى مُحَمَّدٍ وَعَلَى
آلِ مُحَمَّدٍ كَمَا بَارَكْتَ عَلَى إِبْرَاهِيمَ وَعَلَى
آلِ إِبْرَاهِيمَ إِنَّكَ حَمِيدٌ مُّجِيدٌ ﴿10 times مرتبه

﴿أَسْتَغْفِرُ اللَّهَ الَّذِي لَا إِلَهَ إِلَّا هُوَ الْحَيُّ الْقَيُّومُ
وَأَتُوبُ إِلَيْهِ﴾ ﴿10 times مرتبه

﴿ لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ الْعَلِيِّ الْعَظِيمِ ﴾ 10 times مرتبه

يَا اللَّهُ 100 times مرتبه

يَا رَحِيمُ 100 times مرتبه

يَا غَفُورُ 100 times مرتبه

يَا مَلِكَ الْقُدُّوسِ 100 times مرتبه

﴿ اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَعَلَى آلِ مُحَمَّدٍ كَمَا

صَلَّيْتَ عَلَى إِبْرَاهِيمَ وَعَلَى آلِ إِبْرَاهِيمَ إِنَّكَ

حَمِيدٌ مُجِيدٌ ☆ اللَّهُمَّ بَارِكْ عَلَى مُحَمَّدٍ وَعَلَى

آلِ مُحَمَّدٍ كَمَا بَارَكْتَ عَلَى إِبْرَاهِيمَ وَعَلَى

آلِ إِبْرَاهِيمَ إِنَّكَ حَمِيدٌ مُجِيدٌ ﴾ 10 times مرتبه

Morning and Evening Adhkr:

درود شریف 100 times مرتبہ

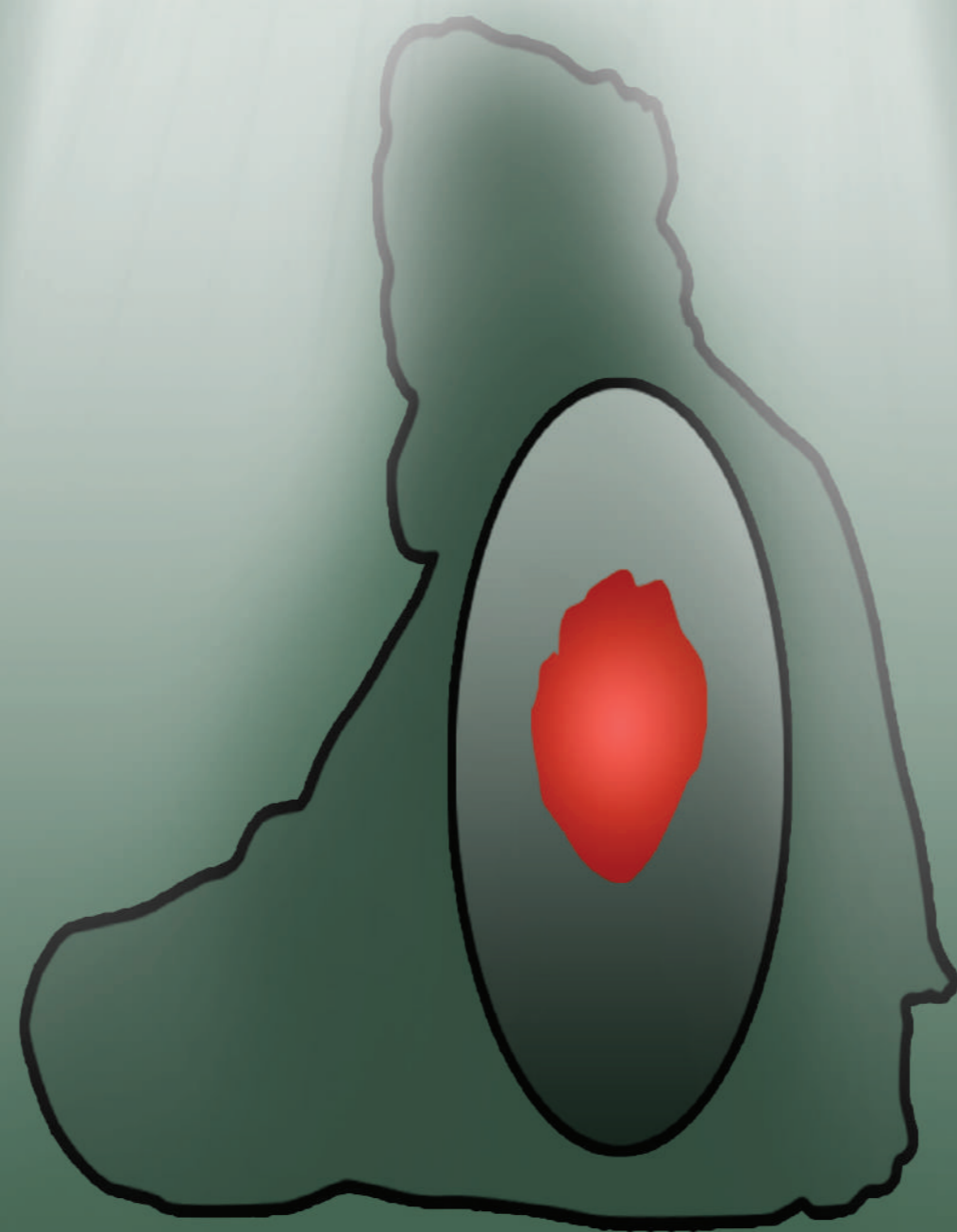
اللَّهُ اللَّهُ 1 hour ایک گھنٹہ

اللَّهُ هُوَ 1 hour ایک گھنٹہ

درود شریف 100 times مرتبہ

مراقبہ 20 min منٹ

الله



HOW ONE CAN RECEIVE THE MOST BLESSINGS
AND SPIRITUAL UPLIFTMENT WHEN VISITING
THE BLESSED GRAVE OF PROPHET ﷺ

Oh servant of Allah, one can receive true blessings from the dearly beloved of Allah if they are sincere and have true resilience and want. Those who are sincere will receive the light of closeness to Allah and His Beloved Messenger ﷺ.

Oh servant of Allah, be in the most humble and thankful presence of mind and heart. His beloved has shown us the path to success; don't you think he deserves to be thanked as he has shown us the light of Mercy.

Oh servant of Allah, when you visit the beloved of Allah, sit as though he is sitting with you. Ask forgiveness from the lifestyle you lead as his lifestyle is to be adopted. Ask forgiveness from the deficiencies of the Sunnah that you are following. One cannot fully perfect any of the Sunnah of the Beloved Messenger of Allah ﷺ.

Oh servant of Allah, send Salaam and Durood upon Allah's Beloved ﷺ as he is to be thanked for the lifestyle he has shown you. You should recite:

دروود شریف 100 times مرتبه

السَّلَامُ عَلَيْكَ أَيُّهَا النَّبِيُّ 100 times مرتبه

'Peace be upon O Dear Prophet'

اللَّهُمَّ صَلِّ عَلَى سَيِّدِنَا مُحَمَّدٍ نَبِيِّ الْأُمِّيِّ وَ

عَلَى آلِهِ وَصَحْبِهِ وَسَلِّمْ تَسْلِيمًا 100 times مرتبه

'O Allah send salutations and everlasting peace upon our Master The Divinely Taught Prophet Muhammad and upon his family and his companions'

دروود شریف 100 times مرتبه

Oh servant of Allah, when you recite these amaals, imagine you are sending salaam and Durood upon the Beloved Messenger of Allah [Sallallahu Alaihi Wasallam]. Imagine the blessed grave is illuminating and the light is striking your body. Then imagine His beloved is approaching you with open arms. Those with sincerity will surely be embraced by the Beloved Messenger ﷺ.



Morning and Evening Amaals to be Performed in Madeenatul Manawwarah:

Oh servant of Allah, when you are in Madeenah, you should perform the following Amaals in morning and evening:

4 Rakaats Salaahatul Tawbah should be performed in the manner as specified before

السَّلَامُ عَلَيْكَ أَيُّهَا النَّبِيُّ 45 mins منٹ

'Peace be upon you O Prophet'

اللَّهُمَّ يَا رَبِّ بِجَاهِ سَيِّدِنَا مُحَمَّدِ ابْنِ عَبْدِ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ
اجْمَعْ بَيْنِي وَبَيْنَ سَيِّدِنَا مُحَمَّدِ ابْنِ عَبْدِ اللَّهِ فِي

الدُّنْيَا قَبْلَ الْآخِرَةِ 30 mins منٹ

'O Allah, O Lord, by the status of Our Master Muhammad son of Abdullah peace be upon him, gather me and Our Master Muhammad son of Abdullah together in this world before hereafter [death]'

اللَّهُ اللَّهُ
1 hour ایک گھنٹہ

درود شریف
45 mins منٹ

Perform **Salaahatus Shukr**, to thank your Lord what He has given you already and to thank his beloved as He as shown you the path towards your Lord.

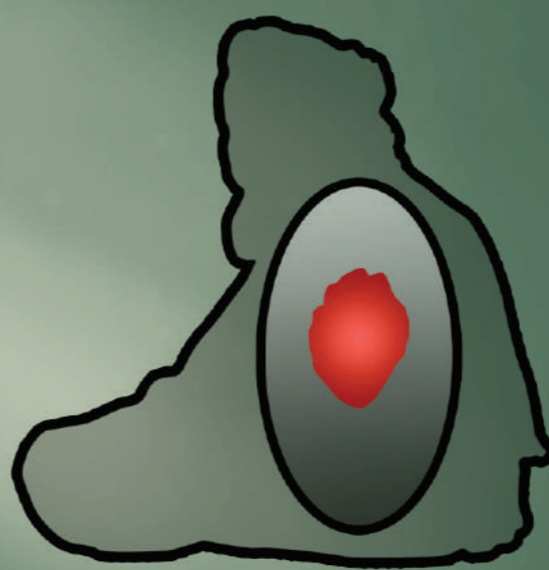
Remember it is up to your Lord when He will introduce you to His beloved ﷺ. If one has true want and sincerity he will be introduced only by his master. Some maybe directly introduced but this is very rare. Those who are most humble and learn the teachings of his master, then his master becomes like the key to Allah's Beloved Messenger [Sallallahu Alaihi Wasallam]. Your master is the one who will open the doors of Gunbade Khazarah [Green Dome]; he is the one who will introduce you to the Beloved Messenger ﷺ of Allah. Are you ready too meet Allah's Beloved? You are not to decide, but to have want and reliance on your Lord.

Oh servant of Allah, if you cannot see the Beloved Messenger ﷺ, then know that he is surely seeing you and is with you.

What the seeker should think when performing the morning and evening Amaals in the blessed city of Medina:

Oh servant of Allah, the seekers of truth should feel the presence of Allah's Beloved. The seeker should adopt the lifestyle of His beloved as he is the one who has shown you the way.

Oh servant of Allah, when performing these Amaals, imagine the light from the sacred House of Allah travelling to Gunbade Khazarah [Green Dome]. Imagine this light then combines together and strikes your body. You should imagine that both the House of your Lord and the Gunbade Khazarah is one and you should revolve your life around your Lord and His Beloved Messenger ﷺ.



Imagine this light running through your veins, unblocking the tunnels of darkness into light. Once the seeker has unblocked this darkness imagine you are following the footsteps of the Beloved Messenger; step by step you finally reach another step which is non other than your master [Spiritual Guide]. He is waiting for you if you put your effort. Then imagine your Master [Spiritual Guide] is taking you through this journey towards Allah's Beloved. You should rely and trust your Master, as he is the one who will introduce you to the Beloved Messenger ﷺ. Imagine you are waiting to be introduced to Allah's Beloved. How much do you Love Allah's Beloved? Have much have you followed his lifestyle? The more one puts effort to adopt the lifestyle of Allah's Beloved, he will surely be introduced with him.

Summary of Supplication to be recited in Madeenatul Manawwarah:

What to Supplicate when you first arrive at Masjide Nabawi

درود شریف 100 times مرتبه

السَّلَامُ عَلَيْكَ أَيُّهَا النَّبِيُّ 100 times مرتبه

اللَّهُمَّ صَلِّ عَلَى سَيِّدِنَا مُحَمَّدٍ نَبِيِّ الْأُمِّيِّ وَ

عَلَى آلِهِ وَصَحْبِهِ وَسَلِّمْ تَسْلِيمًا 100 times مرتبه

درود شریف 100 times مرتبه

Daily Morning and Evening Adhkar:

4 Rakaats Salaatul Tawbah

السَّلَامُ عَلَيْكَ أَيُّهَا النَّبِيُّ 45 mins منٹ

اللَّهُمَّ يَا رَبِّ بَجَاهِ سَيِّدِنَا مُحَمَّدِ ابْنِ عَبْدِ اللَّهِ ﷺ

اجْمَعْ بَيْنِي وَبَيْنَ سَيِّدِنَا مُحَمَّدِ ابْنِ عَبْدِ اللَّهِ فِي

الدُّنْيَا قَبْلَ الْآخِرَةِ 30 mins منٹ

اللَّهُ اللَّهُ 1 hour ایک گھنٹہ

درود شریف 45 mins منٹ

Peform Salatus Shukr

WHAT AMAALS SHOULD BE RECITED WHEN
VISITING JANNAT AL-BAQI [THE LAST RESTING
PLACE OF MANY OF THE COMPANIONS]

Oh servant of Allah, your Lord bestows the closeness to whom he wishes. Oh servant of Allah, when you are visiting Jannat al-Baqi, you should always be in the state of wuzu, whichever sacred place you visit. You should recite:

درود شریف 3 times مرتبه

لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ
33 times مرتبه

There is no Might nor Power except with Allah

سُبُّوحٌ قَدُّوسٌ رَبُّنَا وَرَبُّ مَلَائِكَةِ وَالرُّوحِ
33 times مرتبه

Most Pure, Holy is Our Lord and the Lord
of Angels and the Spirit

رَبِّ اغْفِرْ وَارْحَمْ وَأَنْتَ خَيْرُ الرَّحِيمِينَ
33 times مرتبه

My Lord, Forgive and be Merciful! You are the
Best of the Merciful!

درود شریف 3 times مرتبه

الله



What the seeker should think about when reciting these Amaals:

Oh servant of Allah, imagine Allah's name is shining above the Jannat al-Baqi. Imagine the light is showering upon Allah's true servants [all the companions] and reflecting and illuminating everything which surrounds it. Imagine the light is then entering your hearts. By the will of your Lord, whatever Fez you deserve, you will surely receive.

WHAT SHOULD A SEEKER DO WHEN THEY VISIT THE CAVE OF HIRA

Oh servant of Allah, your Lord is surely the Most Compassionate.

Oh servant of Allah, this is the place where the first revelation of the Quran was revealed. Surely this is a place of light and guidance which flows in this world. The guidance is still present and the light of mercy is still within the walls of the cave.

Oh servant of Allah, this is a special place where the Beloved Messenger ﷺ had spent his time in meditation and

where the Arch Angel [Jibraeel] had visited. Surely this is one of a special place.

When you visit this special place be in the most thankful conscious and in great humbleness. You should then recite:

درود شریف 3 times مرتبه

لَا إِلَهَ إِلَّا اللَّهُ لَا شَرِيكَ لَهُ 10 times مرتبه

'There is no god except Allah, He has no partners'

رَبِّ اغْفِرْ وَارْحَمْ وَأَنْتَ خَيْرُ الرَّحِيمِينَ 10 times مرتبه

My Lord, Forgive and be Merciful! You are the Best of the Merciful!

يَا ذَا الْجَلَالِ وَالْإِكْرَامِ 10 times مرتبه

O Possessor of Majesty and Honour

لَا إِلَهَ إِلَّا اللَّهُ الْمَلِكُ الْحَقُّ الْمُبِينُ 10 times مرتبه

'There is no god except Allah ; the King, the Absolute Truth, the Manifest'

درود شریف 3 times مرتبه

What should the seeker think about:

Oh servant of Allah, imagine you are thanking your Lord and His Beloved Messenger. As your Lord has revealed the verses of the glorious Quran and His beloved has conveyed this message to you. Imagine the light of cave of Hira is glowing so bright. Imagine this light then striking your hearts, by the will of your Lord whatever guidance your Lord bestows upon you will be a gift from your Lord. Imagine your heart fully submitting to the words of your Lord's call and yearning to be in His presence.

Oh servant of Allah, if Allah the exalted had not sent to you the message of success, who would have sent it? If His beloved did not convey this message of truth you would have not received this glorious book [Quran]. Thank your Lord, as He deserves to be thanked. Thank His Beloved Messenger ﷺ who has shown you a lifestyle you should lead, also the Beloved Messenger has conveyed the last message from your Lord.

الله

Cave of Hira

Gift of Guidance (Al Quran)

Seeker (body)



HOW THE SEEKERS OF TRUTH CAN PRESERVE ALL THE BLESSINGS AFTER COMING BACK FROM HAJJ OR UMRAH

Oh servant of Allah, your Lord is the restorer of all peace and harmony. Oh servant of Allah, when the seeker returns from the sacred house, they should perform **four (4) Rakaats of Salaahatul shukr**. After the salaah he should recite in the state of thankfulness:

درود شریف 3 times مرتبه

يَا حَمِيدٌ 100 times مرتبه

'O Praiseworthy'

يَا صَمَدٌ 100 times مرتبه

'O Eternal, Absolute'

يَا مُهِمِّنٌ 100 times مرتبه

'O Protector'

يَا جَبَّارٌ 100 times مرتبه

'O Compeller'

درود شریف 3 times مرتبه

What should the seeker think about when he is reciting these amaals:

He should imagine he is in the presence of his Lord, thanking him for choosing him to visit his glorious house and His Beloved Messenger ﷺ. He should remember that everything happens by the will and mercy of his Lord.

You should keep the journey in a special place in your heart. One should feel and imagine every part of their body is thanking their Lord. They should ask and want to be chosen again to visit this glorious place.

Oh servant of Allah, prescribed for the seekers of truth is for them to do 10 minutes of meditation, every Friday. This will preserve all the blessings you have received on your trip.

How to perform and what to think about:

Oh servant of Allah, you should close your eyes and replay the journey you had taken towards Allah's beloved and to sacred house of Allah. Imagine your soul is still there [in Masjide Nabawi and in Makkah] performing all the amaals

you have done. Imagine all the light from the scared house and his beloved is entering into your body. Then imagine this light forming a protective shield around your body, keeping all the blessings safe and secure.

Those who store and preserve these blessings, your Lord will increase them day by day.



THE ULTIMATE AIM AND OBJECTIVE OF GOING TO HAJJ AND UMRAH

Oh servant, of The Exalted, your Lord is the most forgiving.
The aims of Hajj and Umrah are of three aspects.

1. To visit the sacred house of Allah to renew the covenant from your Lord. Oh servant of Allah , your soul has already taken a covenant and now your Physical body will be taking a promise from your Lord. When the seekers perform the Tawaf, it is as though they are making a promise to revolve their life around Lord of the Worlds and His Beloved Messenger ﷺ , not the world and its attractions. This is solely to renew your promise and to act upon the rights of your Lord and His Beloved Messenger ﷺ.

2. To Follow the Footsteps of the Beloved Messenger.

These are the places where Allah's Beloved spent most of his time [Makkah and Medinah]. Don't you want to follow him and travel to the places he has spent his time. Surely where beloved has stepped are the blessed places.

3. To do all of this only for the pleasure of your Lord.

The aims and objectives are there so that the seekers know why they are there and the purpose of their travel. To renew the covenant of your Lord is one which the seeker should ponder [to Act upon the rights of Allah, Prophet ﷺ and the Right of people after he comes back from his travels].

Surely He [Man and Jinn] has been created to submit to his Lord. So when He comes back [From Hajj or Umrah] he should realise this purpose in life and truly follow the Beloved Messenger ﷺ. To follow Allah's Beloved is to adopt his Sunnah in every way and not what suits you but only for the love and honour of Allah's Beloved. The Beloved of Allah ﷺ is the example for all man and jinn, don't you think he deserves to be followed?

What will you give to Allah's Beloved? Surely the gift of Sunnah is the light which shines upon a person. Bring with you the gifts of Sunnah. One should do this only for the pleasure of his Lord. The seekers should then show others to follow the footsteps of the Beloved Messenger ﷺ.

Oh servant of Allah, you are like the ambassadors of my beloved messenger. Show the way and path of my beloved and all who wants to believe.

Oh servant of Allah, the purpose is not to see or experience any visions or feelings as they are not your Lord nor do they determine your piety. If your Lord blesses [or unveils] anyone it is only that you may benefit. Oh servant of Allah, to want any such things like visions will lead you to destruction, as shaytaan can easily misguide you. Your role is not to see or experience anything but to follow and learn the way of the Beloved Messenger ﷺ. So follow and learn from a Teacher/Scholar and this is where true success will lie.

Those who follow the objectives will surely sparkle and shine like crystals of light!

First and foremost one should learn the Fiqh ruling pertaining to Umrah

Fardh Acts of Umrah:

1. To wear the Ihraam [with niyyah and talbiyah at least once]
2. To perform Tawaaf [going round the kaba]

Waajib Acts of Umrah:

1. To run between Safa and Marwah [Sa'ee]
2. Shaving off the hair or trimming it [Halq or Qasr] after completing sa'ee.

Masnoon Acts of Umrah:

- Performing ghusl or wudhu before putting on ihraam
- Offering 2 rakaat sunnatul ihram [with head covered]
- Reciting talbiyah 3 times after intention of ihraam is made
- Kissing of hajr aswad if possible [istilaam]
- Doing of Ramal [walking briskly] in first 3 circuits and Idtiba [covering of left shoulder and back whilst right shoulder is entirely exposed] in tawaaf of umrah.

Procedure of Umrah:

1. Put on the Ihraam before entering the meeqaat [boundary]
2. Perform 2 rakaat prayer of Sunnatul Ihraam
3. Say Niyyah and the Talbiyah
4. Proceed to Makkah Mukarramah, making sure you recite the talbiyah constantly
5. Perform the tawaaf and idtibaah and ramal
6. Perform 2 rakaat of wajib salah [after tawaaf] behind Maqaame Ibraheem
7. Proceed to the multazam and zam zam well
8. Perform the sa'ee [running] between safa and marwah
9. Shave or trim the hair of the head