

# AMAAL of FEZ

*Amaals to be performed in  
the Blessed City of Fez*



MUHAMMADIYAH  
PUBLICATIONS

## PREPARATION BEFORE TRAVELLING

O servant of Allah, surely one should prepare before meeting/visiting my precious representative. O servant of Allah, you should prepare at least a day or two before you visit the shrine of my representative.

Prescribed for you O Seeker is to perform as many rakaats of Salahtul Tawbah before you travel. O servant of Allah, you should be in the state of repentance and helplessness asking your Lord to truly clean you in order to be in the presence of your Mashaykhs. One should be in the state of fear and repentance, as your Mashaykhs have surely taught you the path towards the beloved (the path of purification) but have you obeyed their command and are you ready to meet the beloved representative?

### YOU SHOULD PERFORM THE RAKATS IN THE FOLLOWING MANNER:

*Surah Fatiha (1x time)*

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ  
الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ  
الَّذِي هَدَانَا لِهَذَا صِرَاطٍ  
الْمُسْتَقِيمِ  
صِرَاطِ الَّذِينَ أَنْعَمْتَ عَلَيْهِمْ  
غَيْرِ الْمَغْضُوبِ عَلَيْهِمْ  
وَلَا الضَّالِّينَ

Ayatul Kursi (3 × times)

اللَّهُ لَا إِلَهَ إِلَّا هُوَ الْحَيُّ الْقَيُّومُ ۚ لَا تَأْخُذُهُ سِنَّةٌ وَلَا نَوْمٌ ۚ لَهُ  
مَا فِي السَّمَوَاتِ وَمَا فِي الْأَرْضِ ۚ مَنْ ذَا الَّذِي يَشْفَعُ عِنْدَهُ إِلَّا  
بِإِذْنِهِ ۚ يَعْلَمُ مَا بَيْنَ أَيْدِيهِمْ وَمَا خَلْفَهُمْ ۚ وَلَا يُحِيطُونَ بِشَيْءٍ  
مِّنْ عِلْمِهِ إِلَّا بِمَا شَاءَ ۚ وَسِعَ كُرْسِيُّهُ السَّمَوَاتِ وَالْأَرْضَ ۚ وَلَا  
يَئُودُهُ حِفْظُهُمَا ۚ وَهُوَ الْعَلِيُّ الْعَظِيمُ ﴿٢٥٥﴾

Last verses of Surah Hashr (1 × time)

هُوَ اللَّهُ الَّذِي لَا إِلَهَ إِلَّا هُوَ ۚ عِلْمُ الْغَيْبِ وَالشَّهَادَةِ  
هُوَ الرَّحْمَنُ الرَّحِيمُ ﴿٢٥٦﴾ هُوَ اللَّهُ الَّذِي لَا إِلَهَ إِلَّا هُوَ ۚ  
الْمَلِكُ الْقُدُّوسُ السَّلَامُ ۚ الْمُؤْمِنُ الْمُهَيَّمِنُ الْعَزِيزُ  
الْجَبَّارُ الْمُتَكَبِّرُ ۚ سُبْحَانَ اللَّهِ عَمَّا يُشْرِكُونَ ﴿٢٥٧﴾ هُوَ اللَّهُ  
الْخَالِقُ الْبَارِئُ الْمُصَوِّرُ لَهُ الْأَسْمَاءُ الْحُسْنَىٰ ۚ يُسَبِّحُ لَهُ  
مَا فِي السَّمَوَاتِ وَالْأَرْضِ ۚ وَهُوَ الْعَزِيزُ الْحَكِيمُ ﴿٢٥٨﴾

Surah Ikhlas (3 × time)

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ﴿١﴾  
قُلْ هُوَ اللَّهُ أَحَدٌ ﴿٢﴾ اللَّهُ الصَّمَدُ ﴿٣﴾ لَمْ يَلِدْ وَلَمْ يُولَدْ ﴿٤﴾ وَلَمْ  
يَكُنْ لَهُ كُفُوًا أَحَدٌ ﴿٥﴾

## AFTER THE SALAH YOU SHOULD RECITE THESE AMAALS

(10 × times)

*Durood Sharif*

(100 × times)

يَا اللَّهُ

(100 × times)

يَا رَحْمَنُ

(100 × times)

يَا رَحِيمُ

(10 × times)

*Durood Sharif*

## WHAT SHOULD WE THINK ABOUT, WHEN PERFORMING THESE AMAALS?

Oh servant of Allah, imagine you are in the presence of your Lord. Imagine the light of the name of Allah is entering your body. Imagine the light is travelling through every vein, cleaning your body, mind and soul, so you may be ready to meet your Mashaykhs.

Beg your Lord, so he may clean you from your darkness and turn them into light. Those who truly ask for forgiveness will sparkle and shine in the presence of my beloved representative.

Our Master Sayyidina Abdul Azeez Dabbagh  guidance on how to receive the most faiz and blessings when visiting his shrine.

الله



## FIRST AMAALS TO BE PERFORMED WHEN YOU VISIT SAYYIDINA ABDUL AZEEZ DABBAGH ﷺ

Oh seekers of truth, when you visit Sayyiduna Abdul Azeez Dabbagh ﷺ, open your heart and mind and let it be only in the presence of our Lord. All blessings come from Him, the All Mighty.

Have your mind and heart empty like a vase and the blessings of our Lord will pour into your heart and mind. Believe and feel that your Master (referring to himself) is present with you and use your heart to call our Lord Allah (Azzawajal), to guide you and then perform the following amaals:

(10 x times) *Durood Sharif*

(66 x times) • لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ الْعَلِيِّ الْعَظِيمِ

(66 x times) • سُبُّوحٌ قُدُّوسٌ رَبُّنَا وَرَبُّنَ الْمَلَائِكَةِ وَالرُّوحِ

(66 x times) • رَبِّ اغْفِرْ وَارْحَمْ وَأَنْتَ خَيْرُ الرَّحِيمِينَ

(33 x times) • يَا ذَا الْجَلَالِ وَالْإِكْرَامِ

*Last verses of Surah Muminun (3 x times)*

﴿١١٥﴾ أَحْسِبْتُمْ أَنَّكُمْ عَبْتَنَا وَإِنَّا لَنَاجِعُونَ

تَعَلَى اللَّهُ الْمَلِكُ الْحَقُّ لَا إِلَهَ إِلَّا هُوَ رَبُّ الْعَرْشِ  
 الْكَرِيمِ ۞ وَمَنْ يَدْعُ مَعَ اللَّهِ إِلَهًا آخَرَ لَا بُرْهَانَ لَهُ بِهِ ۗ  
 فَإِنَّمَا حِسَابُهُ عِنْدَ رَبِّهِ إِنَّهُ لَا يُفْلِحُ الْكَافِرُونَ ۞ وَقُلْ  
 رَبِّ اغْفِرْ وَارْحَمْ وَأَنْتَ خَيْرُ الرَّحِيمِينَ ۞

(10 × times)

*Durood Sharif*

**Note:** Above amaals also to be performed when visiting other Mashayekh of Tareeqah Muhammadiyah

### WHAT SHOULD THE SEEKER THINK ABOUT WHEN PERFORMING THESE AMAALS?

Oh seekers of truth, imagine the blessed words (the above amaals) of our Lord are coming out of your mouth. Imagine the name of Allah is above the mazaar and the words of our Lord are entering into the name of Allah. Then imagine a beam of light of mercy is striking the mazaar and then it is reflecting and pouring into your heart and mind.

The light is like water of guidance, once it has been tasted no soul can be misguided. Those who have an empty vase in their heart and mind, it will surely quench their thirst with the blessings and guidance from their Master (referring to all the blessings once can receive from Sayyidina Abdul Azeez Dabbagh ﷺ)

# الله

سُبْحَانَكَ يَا رَبَّنَا وَرَبَّ الْعَالَمِينَ وَالرُّوحِ

إِلَهَ اللَّهِ  
صَلِّ عَلَى رَسُولِ اللَّهِ  
وَعَلَى آلِهِ وَطَبَقِهِ



## HOW CAN A SEEKER EMPTY HIS HEART AND MIND ?

When I say to empty your heart and mind, it means from all love of evil and all materials and desires and the evil which connects to it. Instead you should think and feel the name of “Allah ﷻ” inside your heart and mind (seeing you, hearing you and present with you. All thoughts and desires, Allah certainly sees and hears all). If a seeker thinks like this then his heart and mind will surely empty of all evil and be present with his Lord. Think that the heart and the mind is like an empty vase waiting to be poured with light of guidance.

If the seeker performs the amaals as prescribed, they will achieve the light o guidance and closeness to me and all the Mashaykhs.

Oh followers of the Prophet ﷺ, to visit any of the Prophet’s ﷺ representatives and companions are as if you are visiting him. All companions and Mashaykhs live with the Prophet ﷺ in the barzakh.

# MORNING AND EVENING AMAALS TO BE PERFORMED DURING THE VISIT TO THE BLESSED SHRINE OF OUR MASTER SAYYIDINA ABDUL AZEEZ DABBAGH ﷺ

Oh follower of the Prophet ﷺ one can receive the most closeness of Sayyiduna Abdul Azeez Dabbagh ﷺ by performing these amaals every morning and evening:

## PERFORM THE FOLLOWING DHIKR :

1. (One Hour)

اللَّهُ, اللَّهُ\*

2. (One Hour)\*

اللَّهُمَّ يَا رَبِّ بِجَاهِ سَيِّدِنَا مُحَمَّدِ ابْنِ عَبْدِ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ،  
اجْمَعْ بَيْنِي وَبَيْنَ سَيِّدِنَا مُحَمَّدِ ابْنِ عَبْدِ اللَّهِ فِي الدُّنْيَا قَبْلَ  
الْآخِرَةِ ❁

3. (45 Minutes)- *Durood Shareef* \*

4. *Salatul Tawbah* – with amaals prescribed\*

(please see page 1)

5. *Salatul Shukr* – to thank our Lord for this visit\*

\*(10 × times) - *Durood Shareef* -to be recited before and after each amaal.

To do all these amaals is an opportunity to really thank our Lord for giving you a guide and all your Mashaykhs as they have shown you a clear path towards our Lord and His Beloved Messenger ﷺ.

## WHAT THE SEEKER SHOULD THINK ABOUT WHEN PERFORMING THE DHIKR AMAALS

Oh follower of the Prophet ﷺ, you should call Allah with all your body, mind and heart, with true want and devotion.

1. Firstly feel the presence of Allah, that He is seeing you, hearing you and is present with you.
2. Then imagine the name of Allah is above the shrine of Sayyidina Abdul Azeez Dabbagh ؒ. Imagine the name of “Allah” is engraved and illuminating the shrine of the beloved representative Sayyidina Abdul Azeez Dabbagh ؒ
3. Then imagine the light from the Gumbad-e-Khizrah (Green Dome) is also striking this blessed shrine.
4. Now imagine this radiated light is expanding from the shrine and transferring into your hearts. As this light hits your heart, imagine it being engraved with the name of “Dabbagh” and the love and honour of your Master is being absorbed into your hearts.
5. Then imagine your entire body is engraved in the love and honour, firstly with the blessed name of “Dabbagh” then “Muhammad” ﷺ and finally the ultimate name “Allah”.
6. In order to reach the Prophet ﷺ, the seeker needs to be fully annihilated in the Master of Tareeqah Muhammadiyah. With the course of Tareeqah Muhammadiyah the seeker will naturally be annihilated in his Mashaykhs and the Prophet ﷺ.

7. Finally imagine, your Master (Sayyidina Abdul Azeez Dabbagh ﷺ), is rising from his grave and then embracing you. Those with true sincerity will surely be guided and embraced with all his Mashaykhs. To be embraced by any of your Mashaykhs is as though you are being embraced by the Prophet ﷺ.

## HOW THE SEEKER CAN PRESERVE ALL THE BLESSINGS AFTER RETURNING FROM THE VISITATION OF SAYYIDINA ABDUL AZEEZ DABBAGH ﷺ

Oh follower of the Last and Final Messenger ﷺ the method of preservation is similar to the amaals of Hajj & Umrah visitation.

### WHEN YOU RETURN PERFORM FOLLOWINGS:

1. 4 rakaats of *Salaatul Tawbah* with the amaals prescribed

Ask for forgiveness from all the deficiencies and mistakes that you have done in the presence of your Master Sayyidina Abdul Azeez Dabbagh ﷺ.

2. 4 rakaats of *Salaatul Shukr* thanking our Lord for the favour of this visitation.

3. To preserve this blessing, perform 10 minutes meditation after you arrive (after sufficient rest) and perform this amaal every Monday. (Meditation only).

# الله



## WHAT THE SEEKER SHOULD THINK WHEN PERFORMING THIS MEDITATION

Oh follower of the Last and Final Messenger ﷺ the seeker should replay the journey of this visitation to the blessed shrine of his master. He should feel that his soul is still there at the feet of his master, performing the amaals. He should imagine all the faiz that he has received is flowing within his body and a protective shell with the name of “Allah” is preserving this and increasing the blessing.

Those who act upon the amaalw are surely with their master. Oh seeker (Sayyidina Abdul Azeez Dabbagh ؒ) and he will surely be with you.

الله



## SUMMARY OF AMAALS

### PREPARATION BEFORE TRAVELLING

Perform as many rakaats of *Salaatul Tawbah* before you travel.

### YOU SHOULD PERFORM THE RAKAATS IN THE FOLLOWING MANNER:

*Surah Fatiha* (1× time)

*Ayatul Kursi* (3 × times)

Last verses of *Surah Hashr* (1 × time)

*Surah Ikhlas* (3 × times)

### AFTER THE SALAH YOU SHOULD RECITE FOLLOWING AMAALS:

(10 × times) *Durood Sharif*

(100 × times) يَا اللَّهُ

(100 × times) يَا رَحْمَنُ

(100 × times) يَا رَحِيمُ

(10 × times) *Durood Sharif*

### MORNING AND EVENING AMAALS TO BE PERFORMED

1. (One Hour) اللَّهُ، اللَّهُ\*

2. (One Hour)\*

اللَّهُمَّ يَا رَبِّ بِجَاهِ سَيِّدِنَا مُحَمَّدِ ابْنِ عَبْدِ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ  
وَسَلَّمَ، اجْمَعْ بَيْنِي وَبَيْنَ سَيِّدِنَا مُحَمَّدِ ابْنِ عَبْدِ اللَّهِ فِي الدُّنْيَا  
قَبْلَ الْآخِرَةِ ❁

3. (45 Minutes) *Durood Shareef* \*

4. *Salatul Tawbah* – with amaals prescribed\* (please see page 1)

5. *Salatul Shukr* – to thank our Lord for this visit\*

\*(10 × times) - *Durood Shareef* –to be recited before and after each amaal.

## HOW CAN THOSE ARE NOT GOING ALSO RECEIVE THE BLESSINGS?

For those who can't go due to financial or other difficulties, and they wish to receive the spiritual blessings of the mashayekhs can perform one quarter of the morning and evening amaals.

### EXAMPLE

1 hour- *Allah, Allah* > 15 mins

1 hour- *Allahumma ya rabbi...* > 15 mins

45 mins- *Durood Shareef* > 15 mins

Perform 2 rakaats of *Salatul Tawba* and *Salatul Shukr*

### VISIT SAYYIDINA ABDUL AZEEZ DABBAGH ﷺ

لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ الْعَلِيِّ الْعَظِيمِ • (66 × times)

سُبُّوحٌ قُدُّوسٌ رَبُّنَا وَرَبُّنَا الْمَلَائِكَةُ وَالرُّوحُ • (66 × times)

رَبِّ اغْفِرْ وَارْحَمْ وَأَنْتَ خَيْرُ الرَّحِيمِينَ • (66 × times)

يَا ذَا الْجَلَالِ وَالْإِكْرَامِ • (times × 33)

Last verses of Surah Muminun (3 × times)

أَفَحَسِبْتُمْ أَنَّمَا خَلَقْنَاكُمْ عَبَثًا وَأَنَّكُمْ إِلَيْنَا لَا تُرْجَعُونَ  
﴿١١٥﴾ فَتَعَلَى اللَّهِ الْمَلِكُ الْحَقُّ ۚ لَا إِلَهَ إِلَّا هُوَ ۚ رَبُّ  
الْعَرْشِ الْكَرِيمِ ﴿١١٦﴾ وَمَنْ يَدْعُ مَعَ اللَّهِ إِلَهًا آخَرَ لَا  
بِرُّهَانَ لَهُ بِهِ ۚ فَنَنَّمَا حِسَابُهُ عِنْدَ رَبِّهِ ۖ إِنَّهُ لَا يُفْلِحُ  
الْكَافِرُونَ ﴿١١٧﴾ وَقُلْ رَبِّ اغْفِرْ وَارْحَمْ وَأَنْتَ  
خَيْرُ الرَّحِيمِينَ ﴿١١٨﴾

(10 × times) Durood Shareef