

TAREEQAH MUHAMMADIYAH
MAZARAT
A M A A L S



ADAAB & ATIQUATES
WHEN VISITING MIZAARS

Under the supervision of
Ahmad Dabbāgh

Preparation before travelling

Seeker is Prescribed to perform as many Rakaats of Salaah before travelling. You should be in the state of repentance and helplessness asking your Lord to truly clean you in order to be in the presence of your Mashaykhes. This should be done 1-2 days before travel.

You should perform the Rakaats [units of prayer] in the following manner:

- 1 time Surah Al Faatiha
- 3 times Aayatul kusri
- 1 time Verse 22 to 24 from surah Al-Hashr (59)
'Hu Allaah hullazi laailaha illaa hu....'
- 3 times Surah Al-Ikhlal

After the Salaah you should recite these Amaals:

10 times - درود شریف

100 times - يَا اللَّهُ

100 times - يَا رَحْمَنُ

100 times - يَا رَحِيمُ

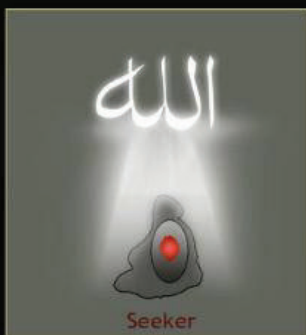
10 times - درود شریف

What should we think about, when reciting these amaals?

Oh servant of Allah, imagine you are in the presence of your Lord. Imagine the light of the name of Allah is entering your body. Imagine the light is travelling through every vein, cleaning your body, mind and soul, so you may be ready to meet your Mashaykhes.

Beg your Lord, so He may clean you from the darkness and turn them into light.

Those who truly ask forgiveness will sparkle and shine in the presence of my beloved representative



First Amaals to be Performed When You Visit Syidina Abdul Azeez Dabbāgh [Rahimahullah]

When you visit Syidina Abdul Azeez Dabbāgh [Rahimahullah], open your heart and mind and let it be only in the presence of our Lord. All blessings come from Him, the Almighty.

When visiting the Mazars of Friends of Allah first offer Slaam, recite duas & than be ready for Muraqaba sitting facing the heart of Friends of Allah. Do not sit too near the Grave, do not prostrate or bow down, or touch the grave. Read your Amaal & focus.

Have your mind and heart empty like a vase and the blessings of our Lord will pour into your Heart and Mind. Believe and feel that your Master [Referring to Himself] is present with you and use your heart to call our Lord Allah [Azzawajal], to guide you and then perform the following Amaals:

10 times - درود شریف

66 times - لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

66 times - سُبُّوحٌ قُدُّوسٌ رَبُّنَا وَرَبُّ الْمَلَائِكَةِ وَالرُّوحِ

66 times - رَبِّ غَفِرْ وَارْحَمْ وَأَنْتَ خَيْرُ الرَّحِمِينَ

33 times - يَا ذَا الْجَلَالِ وَالْإِكْرَامِ

3 times - أَفْحَسِبْتُمْ أَنْتُمْ خَلَقْتُمْ

[Surah Mu'min 23 verse 114 onwards]

10 times - درود شریف

What should the seekers think about when performing these amaals?

Oh Seekers of truth, imagine the blessed words [above amaals] of our Lord is coming out of your mouth. Imagine the name of Allah is above the Mazar and the words of our Lord is entering into the name of Allah. Then imagine a beam of light of mercy is striking the Mazar and then it is reflecting and pouring into your heart and mind.



Morning and Evening Amaals to be performed during the visit to the blessed shrine of our Master Syidina Abdul Azeez Dabbāgh [Rahimahullah]

Oh follower of the Prophet [Sallallahu Alaihi Wasallam] one can receive the most closeness to Syidina Abdul Azeez Dabbāgh [Rahimahullah] by performing these amaals every morning and evenings:

اَللّٰهُ اَللّٰهُ

One hour - Allah, Allah

اَللّٰهُمَّ يَا رَبِّ بِجَاوِ سَيِّدِنَا مُحَمَّدٍ ابْنِ عَبْدِ اللّٰهِ ﷺ اِجْمَعْ بَيْنِي وَ بَيْنَ سَيِّدِنَا مُحَمَّدٍ ابْنِ عَبْدِ اللّٰهِ فِي الدُّنْيَا قَبْلَ الْاٰخِرَةِ

'O Allah, O Lord, by the status of Our Master Muhammad son of Abdullah, peace be upon him, gather me and Our Master Muhammad son of Abdullah together in this world before hereafter [death]' [One Hour]

45 minutes - درود شریف

Salatul Tawbah- with Amaals Prescribed

Salatus Shukr- to thank our Lord for this visit.

What the seeker should think about when performing the Zikr Amaals

Oh Follower of Prophet [Sallallahu Alaihi Wasallam], you should call Allah with all your body, mind and heart, with true want and devotion.

1. Firstly feel the presence of Allah; that He is seeing you, hearing you and is present with you.
2. Then imagine the name of Allah is above the shrine of Syidina Abdul Azeez Dabbagh [Rahimahullah]. Imagine the name of 'Allah' is engraved and illuminating the shrine of the beloved representative Syidina Abdul Azeez Dabbāgh [Rahimahullah].
3. Then imagine the light from the Gummati Khizrah is also striking this blessed shrine

4. Now imagine this radiated light is expanding from the shrine and transferring into your hearts. As this light hits your heart, imagine it being engraved with the name of 'Dabbagh' and the love and honor of your Master is beings absorbed into your hearts.

5. Then imagine your entire body is engraved in the love and honor, firstly with the blessed name of 'Dabbagh' then 'Muhammad [Sallallahu Alaihi Wasallam]' and finally the Ultimate name 'Allah [Azzawajal]'.

6. Finally imagine your Master [Syidina Abdul Azeez Dabbagh [Rahimahullah]], is rising from his grave and then embracing you. Those with true sincerity will surely be guided and embraced with all his Mashaykhes. To be embraced by any of your Mashaykhes is as though you are being embraced by me



How the seeker can preserve all the blessings after returning from the visitation of our Master Syidina Abdul Azeez Dabbagh [Rahimahullah]

Oh follower of the Last and Final Messenger [Sallallahu Alaihi Wasallam] the method of preservation is similar to the Amaals of Hajj and Umrah visitation.

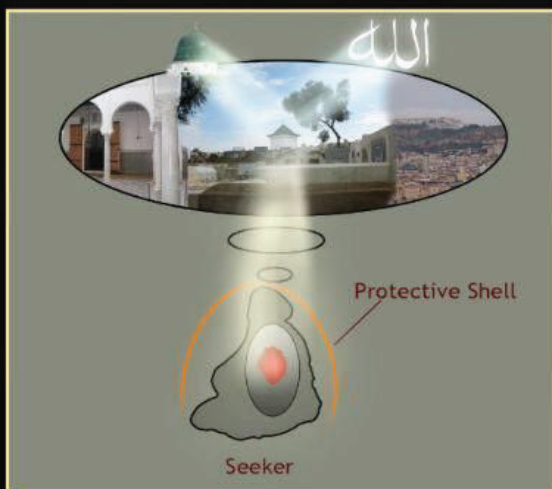
When you return perform Four (4) Rakaats of Salaahatul Tawbah with the amaals prescribed. Ask forgiveness from all the deficiencies and mistakes you have done in the presence of your Master Syidina Abdul Azeez Dabbagh [Rahimahullah]. Also perform Four (4) Rakaats of Salaahatul Shukr, thanking our Lord for the favor of this visitation.

To preserve this blessing, perform 10 minutes Meditation after you arrive (after sufficient rest) and Perform this Amaal every Mondays [meditation only].

What the seeker should think when performing this meditation

Oh follower of the Last and Final Messenger [Sallallahu Alaihi Wasallam] the seeker should replay the journey of this visitation to the blessed shrine of his master.

He should feel that his soul is still there at the feet of his master, performing the amaals. He should imagine all the fez that he has received is flowing within his body and a protective shell with the name of 'Allah [Azzawajal]' is preserving this and increasing the blessings.



How can those not going also receive the blessings?

For those who can't go due to financial or other difficulties, and they wish to receive the spiritual blessings of the mashaykhs can perform one quarter of the morning and evening amaals.

For example:

1 hour 'Allah Allah' zikr > 15 minutes

1 hour 'Allahumma Ya Rabbi' dua > 15 minutes

45 Minutes Durrod > 15 mins Durood

Perform 2 rakats of salatut tawbah and shukr

For more information regarding the course of Self Purification [Tareeqah Muhammadiyah] please contact us at:

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Discourse & Dhikr every Monday 7:30pm